

A trip around the conference ... and the world

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Day 1

Session 1: It all starts with you!

Session 2: Your seat at the table

Session 3: Building the team around you

Session 4: Mental Health & Leadership

Session 5: Ongoing education / professional development for you & your team

Session 6: From Care to Contribution



Day 2

Session 8: Leadership Lessons from the Lockdown

Session 9: Moving beyond the two "As"

Session 10: Leading the Way

Session 11: Leading with Less?

Session 12: Leading to a better place



Soft / Human Skills

(relates to your 'team', other colleagues, clients/families, organisation's broader community/stakeholders)

- Leaders recognise the importance of soft (human) skills - empathy, honesty, communication, clarity, consistency, assertiveness, negotiation, conflict resolution, team building, motivation etc in addition to so called 'hard' skills
- Empathy - <https://brenebrown.com/videos/rsa-short-empathy/>



Growth

Mentor / mentee issues – 5 types of mentors you need: https://ideas.ted.com/the-5-types-of-mentors-you-need-in-your-life/?fbclid=IwAR3oV--cfUz8OPP_4Q-MzRviqpUuax2hap4gu3nJ5A0xRW-qxSYtcrJhDHU

“Being a leader doesn't require a title. Having a title doesn't make you one. Being a leader is like being a lady. If you have to remind people you are, you aren't.” Former British Prime Minister Margaret Thatcher.

Leaders grow leaders - careers pathways internally where possible / encourage them to apply for leadership positions outside the organisation



Summary

- Leaders - Care, Collaborate, Communicate and are Curious (read, watch, listen - within your team, organisation, profession, sector & beyond)
- Leaders plan, strategize, set goals, follow up - leadership and exceptional outcomes don't happen by chance. They ensure that they & their teams do the basics really well & build from there
- Leaders love feedback, happy to be proven wrong, swim against the tide, do things differently
- Speak last -
<https://www.youtube.com/watch?v=nHP7I-3sRJ4>



Further Resources

- There's no such thing as Soft Skills: Simon Sinek | <https://www.youtube.com/watch?v=o9uzJOLgvT0>
- '10 questions to ask in a job interview that will really expose a company's culture': Karen Eber | <https://www.fastcompany.com/90622890/10-questions-to-ask-in-a-job-interview-that-will-really-expose-a-companys-culture>
- How to meaningfully reconnect with those who have dementia: Anne Basting | https://www.ted.com/talks/anne_basting_how_to_meaningfully_reconnect_with_those_who_have_dementia?language=en#t-2466
- Dignity of Risk: Monash University | <https://www2.health.vic.gov.au/~media/Health/Files/Collections/Presentations/S/Striving-For-Care-Excellence/Exploring-the-concept-of-Dignity-of-Risk>
- How to Deal with Difficult People: Jay Johnson | <https://www.youtube.com/watch?v=kARkOdRHaj8>

