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## Pursuing a Safety Culture: Psychological Safety, Clinical Care and Teamwork

Rebecca West, RN CCAC24 Conference, August 2024



I begin today by acknowledging the Traditional Owners of the land on which we meet today, the Wurundjeri Woi Wurrung and pay my respects to Elders past, present and future.

I acknowledge with gratitude that we share this land, our sorrow for the costs of that sharing and our hope that we can move to a place of justice and partnership together.



- Juninga Centre
- Terrace Gardens Aged Care
- Darwin Home Care
- Maluka Day Programs and Overnight Respite



- Nganampa Ngura Mutitjulu-nya Flexible Aged Care
- Mutitjulu Home Care
- Mutitjulu Itiku Muna Tjitjku Ngura Child Care
- Tjilpi Pampaku Ngura
  Flexible Aged Care and
  Home Care



# What is Psychological Safety?

"A belief that one will not be punished or humiliated for speaking up with ideas, questions, concerns or mistakes and that the team is safe for interpersonal risk taking"

- Amy Edmondson





### Importance of Psychological Safety in Nursing

- •Enhances consumer safety and outcomes
- Reduces errors and adverse events
- Promotes a supportive work environment
- Improves job satisfaction and retention



### **Key Elements of Psychological Safety**

- •Open communication and transparency
- •Mutual respect and teamwork
- Continuous learning and improvement
- Accountability at all levels



#### The Role of the Nurse in team Psychological Safety

- Leading by example
- Encouraging reporting of safety concerns without fear of blame
- Providing resources and support for safety initiatives
- •Fostering a culture of continuous improvement



The ARRCS Experience 9

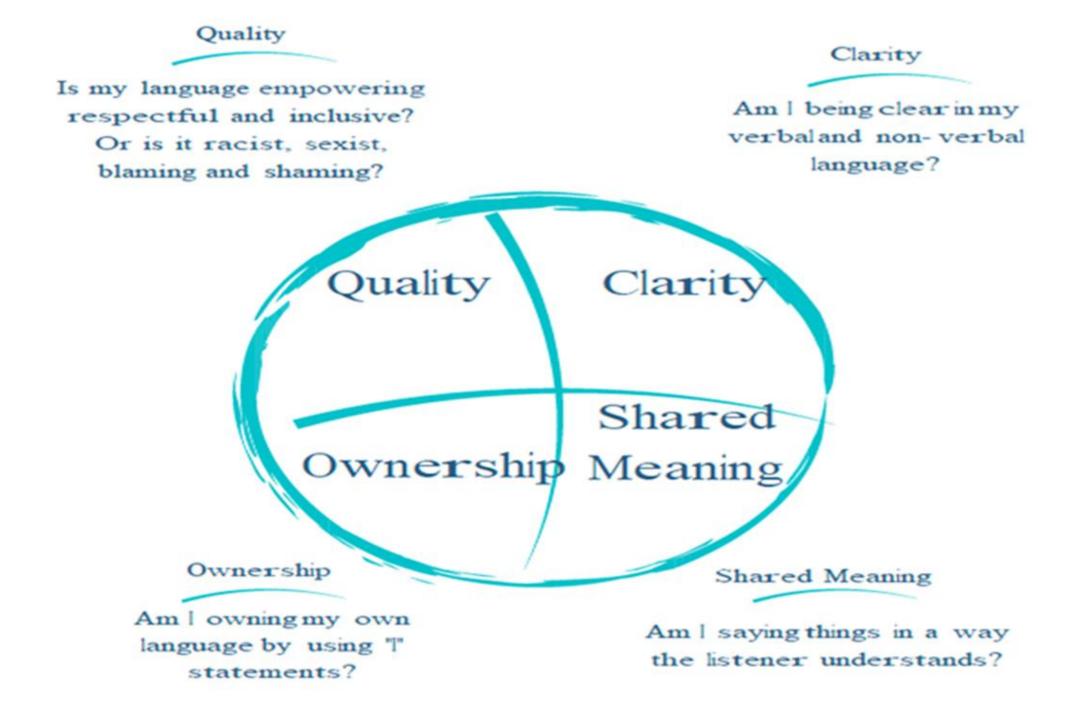


# Engaging with our teams

Awareness and education



1. Overall Perceptions of Resident Safety	87% 100%
2. Fedback & Communication About Incidents	79% 92%
3. Supervisor Expecataions & Actions Promoting Resident Safety	78% 94%
4. Organisational Learning	73% 83%
5. Management Support for Resident Safety	71% 94%
6. Training & Skills	75% 56%
7.Compliance with Procedures	66% 50%
8. Teamwork	79% 79%
9. Handoffs	70% 83%
10. Communication Openness	59% 100%
11. Nonpunitive Response to Mistakes	53% 88%
12. Staffing	51% 58%





#### **Challenges and Solutions**

- Common Challenges
- Strategies to overcome the challenges
- Importance of resilience and adaptability



#### **Measuring Success**

- Key performance Indicators for safety culture
- Methods for tracking and evaluating progress
- Continuous feedback and improvement cycles



#### How can I pursue psychological safety in my team?

- Practice using The Language of Safety
- Share what you have learnt today at your next team meeting
- Ice breakers at handover
- Introduce post incident huddles (and listen!)
- Praise and encourage your team members who speak up and report



#### Where to from here?

WITH THE RIGHT ATTITUDE EFFORT AND TEAM WORK EVERY MOUNTAIN CAN BE CLIMBED AND EVERY SUMMIT REACHED

- BILLY FUNK



#### **Questions?**

